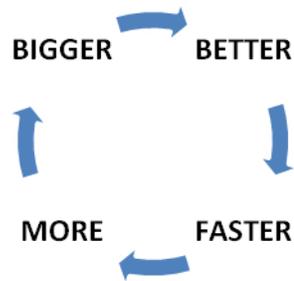


**Introduction: Are you doing the Silicon Valley shuffle?**

- 4 words drive our lives, our schedules, our relationships, and our souls...



- Our attempts to “be it all”, “do it all,” and “have it all,” have created a complex world that:
  1. moves too fast
  2. delivers too little, and . . .
  3. demands too much
- Is it really possible to break free of our high speed, high pressure, high demand, guilt producing dis-ease of our complex lives?

A visit to the “Simplify Your Life” doctor

- 2 diagnostic questions:

1. What do you want to be known for?
2. If you could only be known for one thing, what would it be?

- 1 overarching principle:

Anything minus \_\_\_\_\_ = Nothing

Everything minus \_\_\_\_\_ = Nothing

*<sup>1</sup>“If I speak in the tongues of men and of angels, but have not love, I am only a resounding gong or a clanging cymbal. <sup>2</sup>If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but have not love, I am nothing. <sup>3</sup>If I give all I possess to the poor and surrender my body to the flames, but have not love, I gain nothing.”*

1 Corinthians 13:1-3 (NIV)

- **Summarizing love's supremacy**

- Performing in your world with the greatest gifts and abilities...

without love → \_\_\_\_\_ nothing!

- Possessing the best, the finest, the most amazing things you can imagine ...

without love → you \_\_\_\_\_ nothing!

- Sacrificially providing for those you love, the greatest cause on earth...

without love → \_\_\_\_\_ you nothing!

- **A prescription for transformation**

**Rx1** – The secret to simplifying your life = \_\_\_\_\_ !

**Rx2** – You can only “do less” when you purpose to \_\_\_\_\_ more!

**Rx3** – Begin to redefine success . . .

. . . from “How did I do?”                      to “Who am I becoming?”

. . . from “What do I have?”                      to “How am I using it?”

. . . from “How much do I give?”                      to “Why do I give it?”

- **If love is the answer, what is love?**

- What it's not.
- What it is (described, not defined).

*Love is patient, love is kind. It does not envy, it does not boast, it is not proud.*

1 Corinthians 13:4 (NIV)

- A word picture to remember.
- An assignment to begin our “doing less, loving more” journey.

**Discussion / Personal Application Questions:**

1. To what degree are you doing the **Silicon Valley** Shuffle? What does your life and schedule indicate you want to be known for?
2. What is the biggest barrier to you slowing down and simplifying your life?
3. How can you begin to be more loving this week? With whom? Why?
4. Why is it so critical to understand how much God loves you in order to become more loving?